

ALAN BAKER

Lifetime martial artist with over 44 years of experience, holding advanced ranks in over 25 martial arts systems. Author and speaker specializing in mindset, perspective, and self-leadership.



ABOUT

Alan Baker is a globally renowned martial arts and self-defense expert, esteemed instructor, coach, author, and motivational speaker. Known as the “Agent of Change,” he has dedicated his career to empowering individuals through the Warriors Path Self-Improvement Program, cultivating a warrior mindset for positive life changes. With over 44 years of training, Alan has achieved advanced ranks in over 25 martial arts systems, including Gracie Jiu-Jitsu, Judo, and Jeet Kune Do, and has trained under esteemed masters such as Guro Dan Inosanto and Ajarn Chai Sirisute. His expertise and passion for personal growth have made him a highly sought-after figure in the defensive tactics and martial arts industry.

Sifu Baker has impacted thousands internationally through Baker Defensive Tactics (BDT) and has taught advanced defensive tactics, firearms, and edged-weapon programs to Fortune 500 corporate security teams, law enforcement departments, and specialized government groups. He founded the Civilian Tactical Training Association (C-Tac) to bridge the gap between martial arts and self-protection. He developed specialized defensive tactics programs for various security and protection agencies. As an elite instructor and thought leader, Alan authored three books on personal and professional development and continues to speak nationally on The Warrior’s Path Philosophy, inspiring audiences to implement action and positive change in their lives.

SIFUALANBAKER.COM



WHY ALAN?

Alan’s holistic approach to empowerment and self-improvement and his personal journey of overcoming adversity sets him apart from other speakers. Despite a severe and incapacitating car wreck at the age of 19, which left him with a traumatic brain injury and severe facial injuries, Alan defied the odds. He was told he would never be able to get hit in the head or play aggressive sports again. However, Alan has evolved to train in some of the most competitive combative systems in the world and achieved rankings in multiple disciplines.

Overcoming these challenges and the subsequent lawsuit, he used the life tools and teachings from instructors to excel in martial arts and beyond. Alan’s story of resilience and determination, coupled with professional expertise, ensures his presentations are informative and deeply inspiring, offering audiences a comprehensive framework for positive change and empowerment.

AVAILABLE TO SHARE EXPERTISE ABOUT:

- ✓ Perspective
- ✓ Self-Leadership
- ✓ Discipline
- ✓ The Power Of Fitness: “Maintain The Machine”
- ✓ The Power Of Breath Training
- ✓ Self-Defense: Defensive Tactics